



# January 2024 Newsletter



Welcome to the Doncaster South Primary Care Network January Newsletter! Talking all things Health and Social Care for the patients located in the South of Doncaster.

On behalf of our practices and staff in Doncaster South PCN, we would like to wish you a Happy and healthy New Year.

## December Highlights...

- In December our Care Coordinators have processed; 29 Social Prescribing referrals, 8 Health and Wellbeing referrals and 2 weight management referrals. They have also arranged 180 Structured Medication Reviews across the South and invited 89 patients to have blood pressure checks to reinforce work around Cardiovascular Disease
- 47 patients had their initial appointment with the Chronic Pain Support Service in November. 9 patients had their initial appointment with the Frailty, Falls and Mobility Service

## South PCN Social Media Pages

We'd love you to follow our Facebook, Instagram, X and TikTok where we post lots of handy information from organisations in the local area. If you have any information you'd like us to share, please contact us at [pcdltd.south-primary-caredoncaster@nhs.net](mailto:pcdltd.south-primary-caredoncaster@nhs.net)



<https://www.facebook.com/DoncasterSouthPCN>



<https://www.instagram.com/doncastersouthpcn>



<https://twitter.com/DonSouthPCN>



<https://www.tiktok.com/@doncastersouthpcn>

Why not check out our website too <https://www.doncastersouthpcn.co.uk/>





**Doncaster South  
Primary Care Network**



## We want to know what you think.

**Primary Care Doncaster are running a survey to understand patient experience with the services provided by GP Practices.**

Please scan the QR code to fill out a short survey about your GP Practice.



**DoncasterSouthPCN**



Survey closes 31st of January 2024

## Severe Weather Emergency Protocol

During cold weather expected over this winter, Doncaster Council's Severe Weather Emergency Protocol (SWEP) may be activated. During such times, even more emergency beds are made available for anyone who would otherwise be sleeping rough. Keep an eye on the Council's social media as they will advise when the protocol is active.

If you know someone who is homeless or at risk of homelessness, the council can be reached on **01302 736000**. If outside office hours, contact **01302 737199**.

Alternatively, during office hours Home Options Officers can be seen in person at the one stop shop at The Civic Building in Doncaster during opening hours Monday to Friday, 8.30am-3:30pm.

## 24/7 Flood Helpline

Telephone: 0345 988 1188

Textphone: 0345 602 6340

## Integrated Neighbourhood Workshop

We are holding an Integrated Neighbourhood Workshop, which will take place on **Tuesday 23rd January 2024 at The Holiday Inn, Warmsworth, Doncaster**. This workshop aims to bring community services together, fostering collaboration, and sharing valuable insights. Health and Care staff, Voluntary organisations and community leaders across the Doncaster South locality are also working with people from inclusion health groups – such as ethnic minority communities, people with multi-morbidities, protected characteristic groups, people experiencing homelessness, drug and alcohol dependence, prisoners and sex workers.





Every day in the UK, 2 women lose their lives to cervical cancer and 9 more receive a life-changing diagnosis.

If you are due or over-due your smear, please fill out the form listed below and we will get in touch or arrange your appointment.

Alternatively contact your GP.

<https://forms.office.com/e/1k57TYjAW5>

## Pop-Up Community Café



Friday 26th January 10-11am  
at Northgate Community Hub



Join us for refreshments  
and a friendly chat!  
Only £2.50 per person

Our DMBC Stronger Communities  
Officer will be here to offer support  
& answer any questions

DMBC Health Team will also be here  
offering advice and support

## Online support for a healthy lifestyle

### Take the first step in managing your weight today

If you are living with obesity (BMI of 30 or above) and have Diabetes and/or high blood pressure, you could benefit from the free 12 week NHS Digital Weight Management Programme.



For more information please register your interest by scanning the QR code and entering your details and we will be in touch.

Alternatively please visit:  
<https://forms.office.com/e/kP9eK2uK30>







## South Doncaster PCN out and about in December

Care Coordinators have been out and about in our communities again during the last month, meeting our patients and encouraging conversations about health and wellbeing, whilst offering basic health checks and promoting cancer screening and awareness.

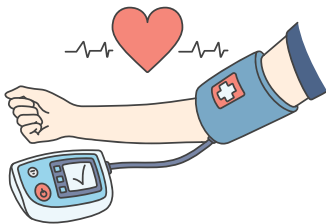
### PCN Community Basic Health Checks

In recent months the Care Coordinators and Clinical Pharmacists have been holding events at local community and outreach centres to provide basic health checks.

At the beginning of December Beth, Paige and Osama visited the Helping Hands Community Centre in Edlington, where they provided opportunities for patients to speak to them about their health and wellbeing concerns. They provided advice about services available, completed referrals and carried out basic health checks including blood pressure and pulse checks, BMI calculations and more.

The team have had a really positive response since starting these health check events and aim to be consistent in their approach to improving access to healthcare within the community.

We have listened to feedback received so far and will be introducing blood glucose testing to the health check service, with the aim increasing detection of undiagnosed diabetes.



The Primary Care Doncaster South PCN got together for their annual Christmas Party to celebrate all their hard work this year. A great night was had by all!

