



SPRING 2017

### **Patient Participation Group**

If you would like to become involved with the patient participation group please ask at reception for details.

### **New Staff**

Rachel Roberts – practice nurse joined the practice on 20<sup>th</sup> February 2017.

Dr I Saunders is one of our regular Locum GP's and works every Thursday.

Mr Mohammed Ahmed is a 1<sup>st</sup> Practitioner Pharmacist working with us on a regular basis and will be reviewing patients medication and seeing patients.

Simone Burke will be joining us on the 1<sup>st</sup> April 2017 she is an Advanced Nurse Practitioner and will be working on Monday and Tuesday on a regular basis.

### **Children with behavioural and psychological problems**

We are advised that children with emotional, behavioural and psychological problems can now approach school to be referred to their CAMHS locality worker. There is now no need to see a GP to be referred.

### **Hay Fever Season Symptoms**

- frequent sneezing
- runny or blocked nose
- itchy, red or watery eyes (allergic [conjunctivitis](#))
- an itchy throat, mouth, nose and ears
- Cough, caused by postnasal drip (mucus dripping down the throat from the back of the nose)

These are the most common symptoms of hay fever. You can buy over the counter medication to help with these symptoms please ask at your pharmacy

## Student Training

This practice is taking part in the training of young trainee doctors. We have been doing this over the last year or so. Some of the students have been early year students and some of our patients have already helped out with this by coming in and talking to them about their diagnosis of certain conditions. **We would like to thank these patients for help with this, these sessions are very useful to the students.** We also have some more advanced student doctors that can see and assess patients with feedback to a GP.

## Anti-biotic Resistance

we must use antibiotics appropriately. This means using antibiotics only when needed and, if needed, using them correctly. Antibiotics do not fight infections caused by viruses like colds, flu, most sore throats, and bronchitis. Even many sinus and ear infections can get better without antibiotics. Instead, symptom relief might be the best treatment option for these infections.

Taking antibiotics for viral infections, such as colds, flu, most sore throats, and bronchitis:

- Will **not** cure the infection
- Will **not** keep other people from getting sick
- Will **not** help you or your child feel better
- May cause unnecessary and harmful side effects
- May contribute to antibiotic resistance, which is when bacteria are able to resist the effects of an antibiotic and continue to cause harm

Rest, fluids, and over-the-counter products may be your or your child's best treatment options for symptoms associated with viral infections. Remember, there are potential risks when taking any prescription drug. Unneeded antibiotics may lead harmful side effects.

## Healthwatch Doncaster

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